

10 Steps to Maximize your Employee Benefits

Are you taking full advantage of the benefits your employer offers?

Know the Enrollment Deadline!

Start early to give yourself the time needed to carefully review the options and select the benefits that most appropriately fit your situation.

Review Changes that May Have Occurred in Your Life Over the Past Year

- Arrival of a new child or preparing for the arrival
- Marriage/divorce
- Changes to your or your spouse/child's health

3

- Significant change in salary
- Death of spouse or dependent

Health Insurance

Review your healthcare spending over the past year and estimate what you expect over the coming year.

Review options to determine if current coverage is still appropriate – have your healthcare needs changed over the past year?

- If no personal health changes have occurred:
 - Is your current policy still offered?
 - Is your primary physician still in network?
 - Are the medications you take still covered?
 - Have changes occurred to the premium, deductible, copay or out-of-pocket maximum?
- If you expect healthcare costs to increase in the coming year:
 - Explore policies with lower deductibles and out-of-pocket maximums.
 - Verify your primary physician is in network.
 - Verify your medications are covered.
- Does the plan cover preexisting conditions?
- Is there spousal or child/dependent coverage?
 - Compare policy terms and costs with your spouse to determine the best coverage option for you and your family.
- Is there a vision plan, and is it worth the cost?
- Is there a dental plan, and is it worth the cost? Does your employer not/no longer offer health insurance? Review health.gov for ACA policies.

Flex Spending Accounts (FSA) and Health Savings Accounts (HSA)

- Do you have access to a Healthcare FSA? Contributions are made pretax and can be used for dental, vision and healthcare costs. Remember, however, that funds must be used by year end or they will be lost.
- Do you have access to a Dependent Care FSA? Contributions are made pretax and can be used to cover the cost of childcare, up to \$10,500 per year.
- Is your healthcare plan Health Savings Account (HSA) eligible?
 - Does your employer contribute to the account?
- Know the contribution limits: For 2021, the limit is \$3,600 for self-only coverage and \$7,200 for a family.
- Does the HSA allow you to invest a portion of the account balance?

Life Insurance

Review your financial plan – do you currently have a life insurance need?

- If so, does your employer offer a group policy at no or reduced cost?
- Do they offer access to supplemental coverage? (For example, 2 or 3x salary)
- Do they offer coverage for your spouse? If so, is it at a lower cost than going directly through an insurance provider?

6

Disability Insurance

Review your financial plan – do you currently have a disability insurance need?

- If so, do they offer short-term disability?
- Do they offer long-term disability?

401k and Workplace Retirement Plans

Review your financial plan - are your contributions in line with the amount recommended by your advisor?

- Does your 401k offer a Roth option?
- Does your employer make contributions to your plan or offer a matching contribution?
- Have they made any changes to the amount they contribute?
- Know the contribution limits: currently the limit is \$19,500, with an additional catch up contribution of \$6,500 for those ages 50 and older.

8

Review Beneficiaries

- Have you designated your primary beneficiary on all retirement, life and disability policies? Typically this would be your spouse.
- Have you designated contingent beneficiaries on all accounts and insurance policies? Is the beneficiary a minor? If so, do you have a testamentary trust set up in your estate plan?

Explore Other Benefits Your Employer Offers

Benefits vary widely from employer to employer. Below are a few of the options your employer may offer – review your enrollment packet closely to determine if there are any offerings which could be of benefit to your financial health:

- Employee Stock Purchase Plan (ESPP)
- Tuition assistance/reimbursement
- Student loan repayment
- Estate document preparation
- Wealth management fee reimbursement

